

Geneseo CUSD#228 Food Allergy Management Plan

Appendix A: District 228 Approved Safe Snack List

Geneseo Safe Snack List (nut-free products)

Only items on this list will be accepted in the classroom

Food **must** be store bought in specific brand names and come in original packaging (not homemade)

CANDY	Airheads Charms lollipops DOTS brand Dum Dum suckers Fun Dip Hershey's milk chocolate kisses, plain chocolate bars (not king or mini), chocolate chips Jolly Ranchers Junior Mints Laffy Taffy Life Savers Mike & Ikes Nerds & Nerds Rope Pixie Sticks Pop Rocks Ring Pops Rolos	Runts Skittles Smarties Sour Patch kids Spangler candy canes Spangler Saf-T-Pops Starburst Starburst jellybeans Sunrise candy corn Swedish Fish (original) Sweet Tarts Tootsie caramel apple suckers Tootsie Roll brand Trolli & Haribo gummies Twizzlers Wonka Sweet Tarts
CEREAL	Cheerios (plain) Cinnamon Toast Crunch General Mills Wheat, Rice or Corn Chex Golden Grahams Kellogg's Fruit Loops Kellogg's Nutri-Grain cereal bars-apple, blueberry, strawberry, cherry Kiggins-Fruity Ringers, Apple Bobbers, Fruity Puffs, Honey Graham Crunch, Lunar Mallows, Cinnamon Crunch, Hoot'n Honey, shredded wheat, frosted shredded wheat, Rollin Oats. Kix Lucky Charms	Malt-O-Meal-Golden Puffs, Cinnamon Toasters, berry Colossal Crunch, Tootie Fruities, Frosted Mini Spooners Nature Tails-Fruit & Grain bars-Apple cinnamon, Blueberry & Strawberry Post Alpha Bits Quaker Oatmeal Squares Trix Fareway - Crispy Rice, Tastees (oat & multigrain), Cocoa Crunchies, Frosted Shredded Wheat, Crispy Hexagons, Corn Squares, Rice Squares, Magic Stars, & Fruit Rings.
CHIPS	Frito Lay brand: Cheetos, Doritos, Sun-chips, Potato Chips, Ruffles, Tostitos, Rold Gold or Kitchen Cooked pretzels, Pirate Booty, Chester popcorn, Kitchen Cooked popcorn, Skinny Pop Popcorn J. Higgs-Classic Potato Chips (smooth or ripple), Original & Chili Cheese Cornies, Extreme Ranch & Nacho Cheese tortilla chips, Flavor Mix (indiv. Bags). Traditional & Bold flavor Party Mix, Cheezie Puffs, Crunchy and Cheese Balls, Thin Pretzel sticks and mini twists. Pringles,	Senora Verde-Blue Tortilla Corn Chips, Bite size tortilla chips Fareway Brand of the following: Tortilla chips (Yellow corn, Mini Rounds, White Corn, Nacho Cheese & Blue Corn), Cheese Puffs, Cheese Balls, Cheese Curls, Corn Chips, Potato Chips (all varieties), Veggie chips & straws, Cheddar cheese popcorn, Corn Pops, Carmel Corn pops, Old fashion Carmel Corn. Pop Chips Santitas Tortilla Chips
COOKIES	Chips Ahoy thin crisps Chips Ahoy-original or mini Gamesa-Sugar wafers Keebler Mini Fudge Strips Keebler vanilla wafers	Nabisco 100 calorie packs Oreo thin crisps, shortbread crisps Oreos-regular or golden Pepperidge Farm Ginger Bread Cookies Lofthouse Frosted Sugar Cookies
CRACKERS	Barnum Animal Crackers Breadsticks w/ cheese Chees-it and Munchies Party Mix H&S Cheese bites, shite cheddar cheese bites, Buttery Rounds, Penguins J. Higgs Brand-original crackers, woven wheat, classic wheat, cheese bites Jungle Jammers Animal crackers & Dippables Cheese Sticks Kraft Handi-snacks Lecour's-Honey & Cinnamon Graham Crackers & Vanillas	Nabisco Nips Nabisco or Keebler gram crackers (Bug bites, Scooby doo, Spiderman) Nabisco Teddy Grahams Pepperidge Farm Goldfish Pretzels w/ cheese Ritz Sunshine Cheez-its Townhouse Wheat Thins

Geneseo CUSD#228 Food Allergy Management Plan

CRACKERS Cont.	Nabisco Air Crisps Nabisco Nips Nabisco or Keebler gram crackers (Bug bites, Scooby doo, Spiderman) Nabisco Air Crisps	Barnum's Animal Crackers, Honey Maid Graham crackers (Original, Cinnamon, Honey, Vanilla & Chocolate) Fareway Brand Crackers: Honey Graham, Rich & Crisp, Cheese, Snackers, & Thin wheat)
DAIRY/CHEESE	Coburn Farms string cheese, Cheddar cheese sticks, Colby Jack sticks Cream cheese – plain or strawberry Go-Gurt Kraft string or cubed cheese Pudding cups	Snack Pack & Ginger Evans pudding cups Yo-Whoa portable yogurt tubes Yogurt Fareway Brand of: String Cheese, Colby Jack sticks & Reduced Fat String Cheese Crystal Farms brand: String Cheese, Marbel Jacks Sticks & Light String Cheese
DRINKS	Juice boxes Low fat or skim milk Water	
FROZEN SNACKS	Breyers fruit bars Dole Edy's fruit bars Healthy Choice or Yoplait Greek Frozen yogurt Luigi's or Marino's Italian ice cups Minute Maid juice bars, orangeade, limeade cups Philly Swirl frozen treats Popsicles	Swiss Miss Fudge bars World's Fair-Strawberry fruit bars, Junior Pops, Fudge Bars, Orange Cream Bars, Ice Cream Bars & Vanilla Ice Cream 1.75 qt size only Kemps: Ice Cream Sandwiches (vanilla), 1.5 qt size only vanilla, vanilla bean, vanilla bean frozen yogurt Pop-ice (freeze at home) Kool-Pops (freeze at home)
FRUITS (examples)	Apples Applesauce Bananas Fruit cups Jell-O cups Oranges Raisins	
FRUIT SNACKS	Betty Crocker GM Kellogg's Mott's-Scooby Doo, Fruit Flips-Fruit flavored snacks	Welch's Stony Field – Strawberry & Mixed Berry Betty Crocker – Scooby Doo, Gushers Simple Nature Strawberry & Pomegranate Flavored Fruit Strips
VEGETABLES (examples)	Broccoli Carrots Cauliflower	
OTHER	Enjoy Life grand (Schnucks, Hy-Vee) Joy or Keebler sugar cones Kellogg's Rice Krispie treats (plain) Hershey's chocolate syrup Kraft marshmallows Kraft ranch dressing Lender's Bagels Lunch meats	Mission flour tortillas Pillsbury, Betty Crocker or Hy-Vee vanilla or chocolate frosting Pop Tart crisps Riddi-whip whipped topping Salsa The Bakery brand Mini Cupcakes (Wal-Mart) Elizabeth Ann's Kitchen Cinnamon Rolls Chewing gum (teacher discretion and individual classroom rules will determine acceptability).

ITEMS SHOWN IN RED ARE AVAILABLE AT SAVE-A-LOT STORES.

ITEMS SHOWN IN BLUE ARE AVAILABLE AT FAREWAY STORES.

**If a student has a documented allergy to any of the above items,
that item is not allowed in the classroom as a snack option.**

Please always check labels as ingredients can change.

Items may NOT contain nuts or be made in a facility that uses shared equipment.

Geneseo CUSD #228 does not promote certain brand names,

Geneseo CUSD#228 Food Allergy Management Plan

nor does it consider all items on this Safe Snack to be healthy.